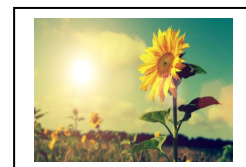


Woodlands Whispers



Welcome to our Spring/Summer Newsletter for the patients and Community of Woodlands Park Surgery 2023

OUR DOCTORS

Dr Kim Langer (female) - Monday morning & all day Thursday and Friday

Dr Pierre Mason (male) - Thursday Mornings

Dr Aneliya Ivanova (female) - Wednesdays all day

Dr Gurm Chana (male) - Monday Tuesday & Wednesdays all day

Dr Rajani Iyengar (female) - Friday all day

Please visit our website www.WoodlandsParkSurgery.co.uk for further information about the Surgery (you can also register to receive further Newsletters electronically).

Please note that our routine appointments can be booked up to 3 weeks in advance for the GP of your choice, but emergency appointments may be managed by one of the other GPs in our team.

TRAVEL VACCINES

Don't forget to contact the Surgery in plenty of time (six weeks preferably) if you are planning to travel abroad. We can advise on an immunisation schedule for you, depending on your destination and can also offer you general travel advice such as hygiene and use of sunscreens. You can email us your details and we will respond to your enquiry within 48 hours.

Please note that you no longer need a prescription for malaria medication- all local chemists can now provide this over the counter.

Whether you are staying at home or going abroad please be aware of the damaging effects of the sun. People most at risk are fair skinned, have freckles or ginger hair.

For some people excessive exposure can cause skin cancer.



APPOINTMENTS

As we continue to return to normality, we offer a range of appointments. With the GP, face to face or a telephone appointment. As we work as part of the Primary Care Networks, (PCN) offering additional services, you can also book appointments at St Marks Hospital,

**The reception staff will offer you an appointment at the Surgery if available at the time.
Or an appointment can be booked at St Marks Hospital**

If you attend the Surgery for an appointment:-

- 1 We request you kindly still wear a face mask
- 2 Please attend on time - if you are late, we may have to reschedule your appointment

**THE HUB
DESBOROUGH SUITE**
Town Hall,
St Ives Road,
Maidenhead,
SL6 1RF

COVID VACCINE FOR OVER 75

Spring Boosters will commence at the HUB for over 75s and the vulnerable from April 22nd.

PNEUMONIA VACCINE FOR OVER 65

Currently available at the HUB

What can be prescribed by your GP is changing

Please do not be offended if your GP can no longer prescribe medicines for minor ailments such as head lice, mild acne, mild cystitis, vitamins and hay fever.

All GPs in England have been asked to stop issuing prescriptions for some conditions that can be treated with medicines that can be purchased at your local pharmacy. Your GP will diagnose your condition and give you advice on what to try or purchase. Alternatively, your local community pharmacist will be able to help you manage the condition. A leaflet is available in the practice which lists which conditions this applies to and answers commonly asked questions.

Stronger, prescription-only medicines are NOT affected by this change.

EPS has been an amazing addition to our Surgery. All you need to do is let us know which Pharmacy you wish to collect your medication from. You can still request your medication in the same way, ECONSULT, email, NHS App or even a request slip in our letter box on the outside wall! Your prescription is then sent directly to the Pharmacy for you to collect.



Text messages

A reminder of recalls and when you need to contact the practice, are mainly through text messages. Please ensure the Practice is made aware of any change of contact numbers or address. You can email the practice on frimleyicb.woodlandspark@nhs.net with any changes. If there is change of name we will need to see evidence of certificate or deed poll.

e consult
Want advice from your doctor, self-help information or have an administrative request (such as a sick note or test results)?
eConsult and get a response before the end of the next working day or sooner
GET STARTED

NHS APP
The NHS App that lets you book appointments, order repeat prescriptions and access a range of other healthcare services.

Use the NHS App to:-

- Check your symptoms
- Find out what to do when you need help urgently.
- Book and manage appointments at your GP Surgery.
- Order repeat prescriptions.
- View your GP medical record securely.
- Register to be an organ donor.
- Choose how the NHS uses your data.

**WOODLANDS PARK SURGERY
15 WOODLANDS PARK ROAD
MAIDENHEAD
BERKSHIRE SL6 3NW**

TELEPHONE: 01628 825523 EMAIL: frimleyicb.woodlandspark@nhs.net

Please contact our Practice Manager Mrs Diane Parrott either at the Surgery or via email on our website www.woodlandsparksurgery.co.uk